

FAST BREAK

*School Breakfast... The First Step to Learning,
Students who are hungry find it hard to stay alert
and participate in their classroom experiences*

*The Fairview High/Middle School "Fast Break"
Breakfast Program helps close the readiness gap
with nutritious whole grain food.*

What is FAST BREAK?

*FAST BREAK is a 4-minute break that allows our
High School and Middle School students to grab a
breakfast on the run.*

*We still offer a hot breakfast every morning for
those who prefer to eat early in the mornings.*

FAST BREAK times:

9:15-9:19