

OCTOBER 2021

FAIRVIEW MIDDLE/HIGH SCHOOL

Monday

Tuesday

Wednesday

Thursday

Friday



NO SCHOOL

1

4
HADLEY FARMS
CINNAMON ROLL
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

5
BISCUIT AND WHITE GRAVY
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

6
BREAKFAST BURRITO
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

7
YOGURT PARFAIT
W/ FRESH FRUIT & GRANOLA
GRAHAM CRACKERS
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

8
CHICKEN BISCUIT
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

11
BREAKFAST PIZZA
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

12
EGGMOJI WAFFLES AND CHICKEN
SANDWICH
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

13
SAUSAGE & EGG BISCUIT
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

14
HAM & CHEESE CROISSANT
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

15
FRENCH TOAST STICKS
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

18
HADLEY FARMS
CINNAMON ROLL
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

19
BISCUIT AND WHITE GRAVY
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

20
BREAKFAST BURRITO
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

21
YOGURT PARFAIT
W/ FRESH FRUIT & GRANOLA
GRAHAM CRACKERS
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

22
CHICKEN BISCUIT
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

25
BREAKFAST PIZZA
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

26
EGGMOJI WAFFLES AND CHICKEN
SANDWICH
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

27
SAUSAGE & EGG BISCUIT
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

28
HAM & CHEESE CROISSANT
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

29
FRENCH TOAST STICKS
ASSORTED IPP BREAKFAST ITEMS
ASSORTED FRUIT
MILK CHOICES

ELISA LAMBERT, FAIRVIEW HIGH/MIDDLE SCHOOL CAFETERIA MANAGER
ELISA.LAMBERT@FAIRVIEW.KYSCHOOLS.US

Menu is subject to change without notice due to State regulated Nutritional Standards and availability

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PAY FOR MEALS ONLINE
MySchoolBucks.com

OCTOBER 2021

FAIRVIEW HIGH/MIDDLE SCHOOL

ALA CARTE ITEMS, SANDWICH PLATE, AND YOGURT PLATE, OFFERED DAILY,

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

CHILI AND UNCRUSTABLE
OR GRILLED CHEESE
CHEESE CUPS
FRESH CARROT STICKS
MEXICAN CORNBREAD
GOLDEN CORN
WARM APPLE CRISP
ASSORTED FRUITS
MILK CHOICES

4

PROVIEW POPCORN CHICKEN
BAKED BEANS
SMILEY FRIES
DINNER ROLL
APPLESAUCE
MILK CHOICES

5

CHICKEN DRUMSTICKS
MAC N CHEESE
GREEN BEANS
BISCUIT
ASSORTED FRUITS
MILK CHOICES

6

ORANGE CHICKEN
SWEET BROWN RICE
MIXED VEGGIES
ROASTED POTATOES
ASSORTED FRUITS
MILK CHOICES

7

CALZONE OR PIZZA
SIDE SALAD/ RANCH/ TOMATO
CHEESE CUP
CORN
GARLIC TOAST
PIZZA SAUCE
ASSORTED FRUITS
MILK CHOICES

8

ULTIMATE NACHOS W/ JTM BEEF
CHIPS/SALSA
GOLDEN CORN
REFRIED BEANS
MEXICAN RICE
QUESO CHEESE
ASSORTED FRUIT
MILK CHOICES

11

PROVIEW CHICKEN SANDWICH
SEASONED POTATO WEDGES
GREEN BEANS
VEGGIE STICKS
LETTUCE/TOMATO
ASSORTED FRUITS
MILK CHOICES

12

*HAMBURGER W/ CHEESE
LETTUCE/ TOMATO/ PICKLES
SEASONED FRIES
BAKED BEANS
COOKIE
ASSORTED FRUIT
MILK CHOICES

13

SCRAMBLED EGGS
SAUSAGE PATTY
FRESH TOMATO
BISCUIT W/ GRAVY
CINNAMON APPLES
POTATO ROUNDS
ASSORTED FRUITS
MILK CHOICES

14

POTATO SOUP
GRILLED CHEESE
CRACKERS
YOGURT
CARROTS
ASSORTED FRUITS
MILK CHOICES

15

MINI CORN DOGS
MAC N CHEESE
PEAS
CELERY W/ PB CUP
ASSORTED FRUITS
MILK CHOICES

18

BONELESS WINGS
POTATO WEDGES
BAKED BEANS
CELERY W/ RANCH
DINNER ROLL
YOGURT
ASSORTED FRUITS
MILK CHOICES

19

BAKED STEAK W/ GRAVY
MASHED POTATOES
BROCCOLI AND CHEESE
DINNER ROLL
ASSORTED FRUIT
MILK CHOICES

20

SPAGHETTI W/ MEAT SAUCE
OR RAVIOLI
GARDEN SALAD
GARLIC BREADSTICK
GREEN BEANS
CHEESE CUP/ CRACKERS
ASSORTED FRUITS
MILK CHOICES

21

SPICY CHICKEN SANDWICH
OR GRILLED CHICKEN SANDWICH
LETTUCE/TOMATO/PICKLES
CHIPS
BAKED BEANS
CUCUMBERS W/ RANCH
ASSORTED FRUITS
MILK CHOICES

22

ULTIMATE NACHOS W/ JTM BEEF
CHIPS/SALSA
GOLDEN CORN
BLACK BEANS
MEXICAN RICE
QUESO CHEESE
ASSORTED FRUIT
MILK CHOICES

25

PROVIEW CHICKEN SANDWICH
SEASONED POTATO WEDGES
BROCCOLI/CHEESE
VEGGIE STICKS
LETTUCE/TOMATO
ASSORTED FRUITS
MILK CHOICES

26

* HAMBURGER W/ CHEESE
LETTUCE/ TOMATO/ PICKLES
SEASONED FRIES
BAKED BEANS
COOKIE
ASSORTED FRUITS
MILK CHOICES

27

SCRAMBLED EGGS
SAUSAGE PATTY
FRESH TOMATO
BISCUIT W/ GRAVY
CINNAMON APPLES
POTATO ROUNDS
ASSORTED FRUITS
MILK CHOICES

28

POTATO SOUP
GRILLED CHEESE
CRACKERS
YOGURT
CARROTS
ASSORTED FRUITS
MILK CHOICES

29



ELISA LAMBERT, FAIRVIEW HIGH/MIDDLE SCHOOL CAFETERIA MANAGER

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ALL students receive one FREE lunch daily.

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OCTOBER 2021

FAIRVIEW HIGH/ MIDDLE SCHOOL

DINNER AND SNACK PROGRAM

Monday

Tuesday

Wednesday

Thursday

Friday

NO SCHOOL

1

STUFFED CRUST PIZZA
SALAD W/ RANCH
ORANGE
MILK
SNACK:
SUNFLOWER SEEDS
FRUIT JUICE

4

TORTILLA CHIPS
CHEESE/SALSA
TOMATOES W/ RANCH
GRAPES
MILK
SNACK:
APPLE W/ PB CUP

5

EARLY
RELEASE
DAY

6

HAM & PEPPER JACK CHEESE
CROISSANT
CHIPS
CARROT STICKS W/ RANCH
FRUIT JUICE
MILK
SNACK:
RICE KRISPIE TREAT
APPLESAUCE

7

GRILLED CHEESE
CELERY STICKS
APPLE SLICES
COOKIE
MILK
SNACK:
BEEF STICK
GOLDFISH CRACKERS

8

PB&J UNCRUSTABLE
CUCUMBERS W/ RANCH
APPLESAUCE
MILK
SNACK:
WG BANANA BREAD
FRUIT JUICE

11

CORN DOG
FRIES
FRUIT CUP
GOGURT
MILK
SNACK:
SUNFLOWER SEEDS
YOGURT

12

CHEESY PULL APARTS
CHIPS
SALAD W/ RANCH
GRAPES
MILK
SNACK:
CHIPS
SALSA

13

CHICKEN STRIPS
ROLL
SMILEY FRIES
MIXED VEGGIES
FRUIT
MILK
SNACK:
APPLESAUCE
GRAHAM CRACKERS

14

CHICKEN/CHEESE QUESADILLA
SALAD W/ RANCH
FRUIT
MILK
SNACK:
APPLE
PB CUP

15

HAM AND CHEESE LUNCH KIT
CHIPS
CARROTS
FRUIT
MILK
SNACK:
POPCORN
FRUIT JUICE

18

TORTILLA CHIPS
CHEESE/SALSA
TOMATOES W/ RANCH
GRAPES
MILK
SNACK:
APPLE W/ PB CUP

19

EARLY
RELEASE
DAY

20

TURKEY & PEPPER JACK CHEESE
CROISSANT
CHIPS
CARROT STICKS W/ RANCH
FRUIT JUICE
MILK
SNACK:
RICE KRISPIE TREAT
APPLESAUCE

21

GRILLED CHEESE
SALAD W/ RANCH
APPLE SLICES
COOKIE
MILK
SNACK:
BEEF STICK
GOLDFISH CRACKERS

22

PB&J UNCRUSTABLE
CUCUMBERS W/ RANCH
APPLESAUCE
MILK
SNACK:
WG BANANA BREAD
FRUIT JUICE

25

CORN DOG
FRIES
FRUIT CUP
GOGURT
MILK
SNACK:
SUNFLOWER SEEDS
YOGURT

26

CHEESY PULL APARTS
CHIPS
SALAD W/ RANCH
GRAPES
MILK
SNACK:
CHIPS
SALSA

27

HAMBURGER W/ CHEESE
LETTUCE/TOMATO/PICKLES
CUCUMBERS W/ RANCH
SEASONED FRIES
WATERMELON
MILK
SNACK:
MUFFIN
GOGURT

28

CHICKEN/CHEESE QUESADILLA
SALAD W/ RANCH
FRUIT
MILK
SNACK:
APPLE
PB CUP

29

Fairview Dinner Program Coordinator Teara Sesher Teara.Hill@fairview.kyschools.us
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