

# **Fairview Independent Dinner Program**

## **Afterschool Meals**

**CACFP Meals give a nutritional boost to children, including teenagers through age 18, in eligible afterschool programs in lower income areas.**

## **Why combine meals and activities after school?**

**When school is out and parents are still at work, children need a safe place to be with their friends, with structured activities, and supportive adults.**

**Afterschool programs that serve meals draw children and teenagers into constructive activities that are safe, fun, and filled with opportunities for learning. The food gives them the nutrition they need to learn and grow.**

**There are no application forms for parents or guardians to fill out. All afterschool meals are served at:**

**Fairview High School, Monday-Thursday from 3:15-5:15 pm in a dining setting, at no cost to the child.**

**For more information please contact Cindy Whitt, Student Nutrition Director at 606-324-3877 or [cindy.whitt@fairview.kyschools.us](mailto:cindy.whitt@fairview.kyschools.us)**

## **Which afterschool programs can participate?**

**USDA provides reimbursement for meals and snacks served in afterschool programs that:**

**Are located at sites where at least half of the children in the school attendance area are eligible for free and reduced price school meals.**

**Meet licensing, health, or safety codes that are required by state or local law.**

**Serve nutritionally balanced meals and snacks that meet USDA's nutrition standards, with foods like milk, meat, vegetables, fruit, and bread.**



“The U.S. Department of Agriculture (USDA) prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or if all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov). Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (in Spanish). USDA is an equal opportunity provider and employer.”